

# RELATIONSHIP RECESS

May 1-3, 2026  
Clermont, FL

Nourish your **relationships** through  
the power of **play!**

3 Days & 2 Nights | 10-Acre Waterfront Oasis  
13-Bedroom Estate | Delicious Food  
100 New Friends | Endless Fun and Games

# TABLE OF CONTENTS

Meet Your Hosts	3
“Doing The Play”	4
<b>Venue</b>	
Choosing Great Escape	5
The Great Outdoors	6
The Wild Indoors	7
Schedule Overview	8
Food & Drink	9
<b>Lodging</b>	
Staying at Great Escape	10
Staying Nearby	13
Tickets	14
FAQ	15

Hosted By:



# MEET YOUR HOSTS



Emma & Fin

For Emma and Fin, life is all about seeking adventure, embracing chaos and discomfort, and meeting amazing people along the way! They've been together and non-monogamous for nearly 20 years exploring a wide range of relationship dynamics. They host the Normalizing Non-Monogamy podcast and run a global social and support community. Their mission is to inspire people to embrace their true selves so that, together, we can open minds and live authentically without shame. Check out their [website](#) to learn more about their work!

## Normalizing Non-Monogamy

Multiamory is a weekly podcast offering research-backed advice for multiple forms of love. Created in 2014 by Emily Matlack, Dedeker Winston, and Jase Lindgren, the podcast now spans 10+ years, 500+ episodes, 2k+ private community members, and even the great honor of being named a top relationship podcast by *Oprah Daily*. Multiamory's book, *Multiamory: Essential Tools for Modern Relationships* (2023) was selected by the *The New York Times* as an essential read on non-monogamy. Learn more about the incredible work Multiamory does over on their [website](#)!



Dedeker, Emily, & Jase

Multiamory



Gary

Breakthrough Play

Gary Ware is a creative, yet strategic, Play Consultant that was brought here to make your life even better than it already is. By day, Gary helps companies and professionals level up their skills, and by night he is an improv comedian. In between all of Gary's passions, his most desirous one is helping people become the best versions of themselves through fun and entertainment. You can learn more about all of Gary's amazing work on his [website](#)! He was also on [this episode](#) of Normalizing Non-Monogamy talking about the power of play!

# "DOING THE PLAY"

Whether it's a relationship with our partner(s), our friends, our families, or perhaps most importantly *our relationship with ourselves...* There's no doubt that relationships take a lot of work.

**What if "doing the work" wasn't the only way? What if we tried "doing the play" instead?**

Play relieves stress, improves brain function, boosts creativity, builds resilience and trust, can help heal emotional wounds, and *it's even kinda fun!*

Relationship Recess is an invitation and an opportunity to come together in a supportive community to *explore how play can open minds*, inspire authenticity, strengthen both romantic and platonic bonds, and deepen our connection to ourselves.

Relationship Recess is a platonic and sober weekend extravaganza full of dynamic games and activities, delicious food, and *human connection* all happening at a wild waterfront oasis that's sure to unleash your inner child!

**"I'm working on myself..."**

**"We're working on our relationship..."**

**"I'm doing the work..."**

## **A House Like None Other!**

[Great Escape Lakeside](#) is a private 10-acre, 13-bedroom estate that's part playground, part arcade, and pure adventure waiting to happen!

## **Adventure Awaits!**

Turn up the excitement with human-sized foosball, pickleball, inflatable disco light race, a massive waterslide and pool, indoor arcade, gameshow studio, and so much more!

## **Play!**

We will be organizing optional games and activities all weekend long designed to bring everyone together and foster new friendships.

## **Need a break?**

Sit back and relax in the private movie theatre, take a kayak or canoe out on the lake, cook a s'more by the fire, float along the lazy river, unwind in the hot tub, take a nap in a hammock, or relax with a puzzle, board game or coloring book in the "Take It Easy Tent!"

## **Who's Relationship Recess for?**

Solo folks, partners, friends, your whole polycule, monogamous, non-monogamous... **YOU!**

# CHOOSING GREAT ESCAPE LAKESIDE

The crazy game-themed property initially grabbed our attention as a great location for a retreat focused around play and then working with the owners and their incredible team sealed the deal for us!

While deciding whether or not to go with Great Escape we reached out and shared that our group has many LGBTQIA+ members and that we wanted to ensure everyone would feel welcome and safe on the property and around the area.

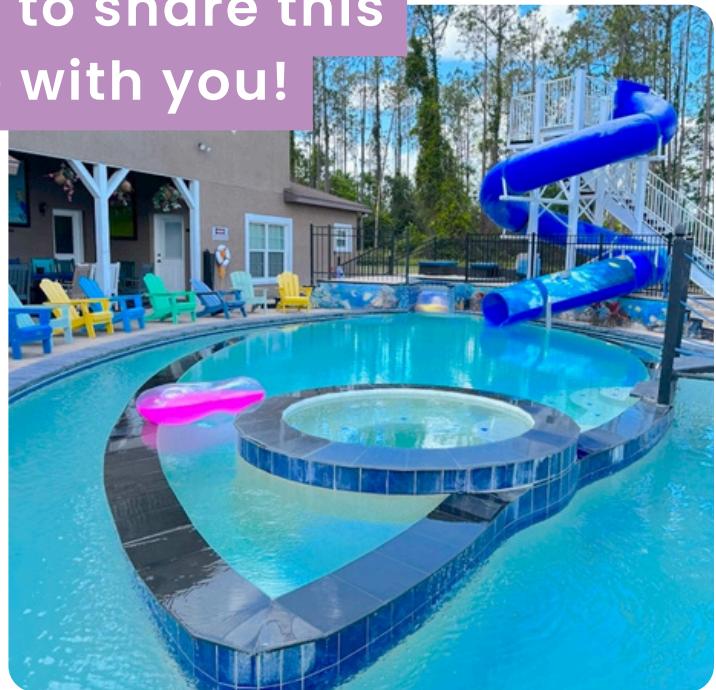
The owner quickly responded with the following email (shared with his permission):

**"There's no reason to feel unsafe at our home (which you'll be alone at anyway) or anywhere in our community... I'm personally the proud parent of an adult trans son and an adult lesbian daughter who grew up happily about 5 minutes away from where you're staying and they resoundingly agree with my sentiment."**

Similarly, when we followed up with a full description of our podcasts, work, and what the event is going to be... He responded nonchalantly: **"Cool. Thanks for all the great info!"**

We're excited to have found such a fabulous venue and we've been really impressed by the fantastic team who runs it.

**We can't wait to share this adventure with you!**



# THE GREAT OUTDOORS



**GIANT POOL  
WATERSLIDE  
LAZY RIVER  
SPA**

**PICKLEBALL  
HUMAN FOOSBALL  
SOCCER BILLIARDS  
& MORE**



**CAMPFIRE  
KAYAKING  
CANOEING  
“TAKE IT EASY  
TENT”**



**INFLATABLE DISCO  
LIGHT RACE**

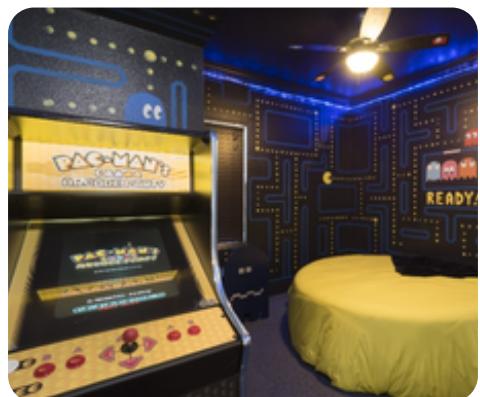
# THE WILD INDOORS



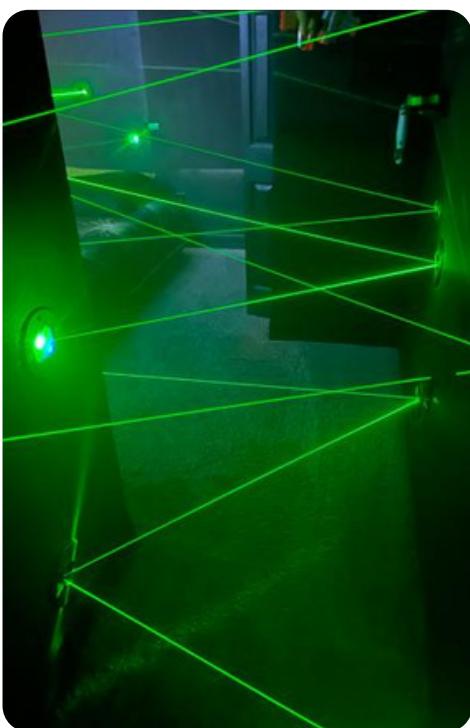
## MOVIE THEATRE



## 13 GAME-THEMED BEDROOMS



## GAMESHOW STUDIO



## VIDEO GAME & PINBALL ARCADE

# SCHEDULE OVERVIEW

## Friday

11:00 am	Overnight Guest Check-in
2:00 pm	General Check-in
5:00 pm	Dinner
6:30 pm	Opening Ceremony
7:15 pm	Speed Friending

## Saturday

12:00 pm	Lunch
6:00 pm	Dinner

## Sunday

12:00 pm	Lunch
4:00 pm	Closing Circle

### Event Hours:

Friday: 2pm-Midnight

Saturday: 10am-Midnight

Sunday: 10am-6pm

Tons of optional games and activities led by your hosts all weekend!

# FOOD & DRINKS



Options Available for Vegetarian, Vegan, Gluten-Free, & Other Dietary Restrictions

## Friday Dinner

Filipino Food



## Saturday Lunch

BBQ, Sides, Salads, & Grilled Veggies



## Saturday Dinner

Latin & Caribbean Food



## Sunday Lunch

Stone-Fired Pizzas, Wings, & Salads

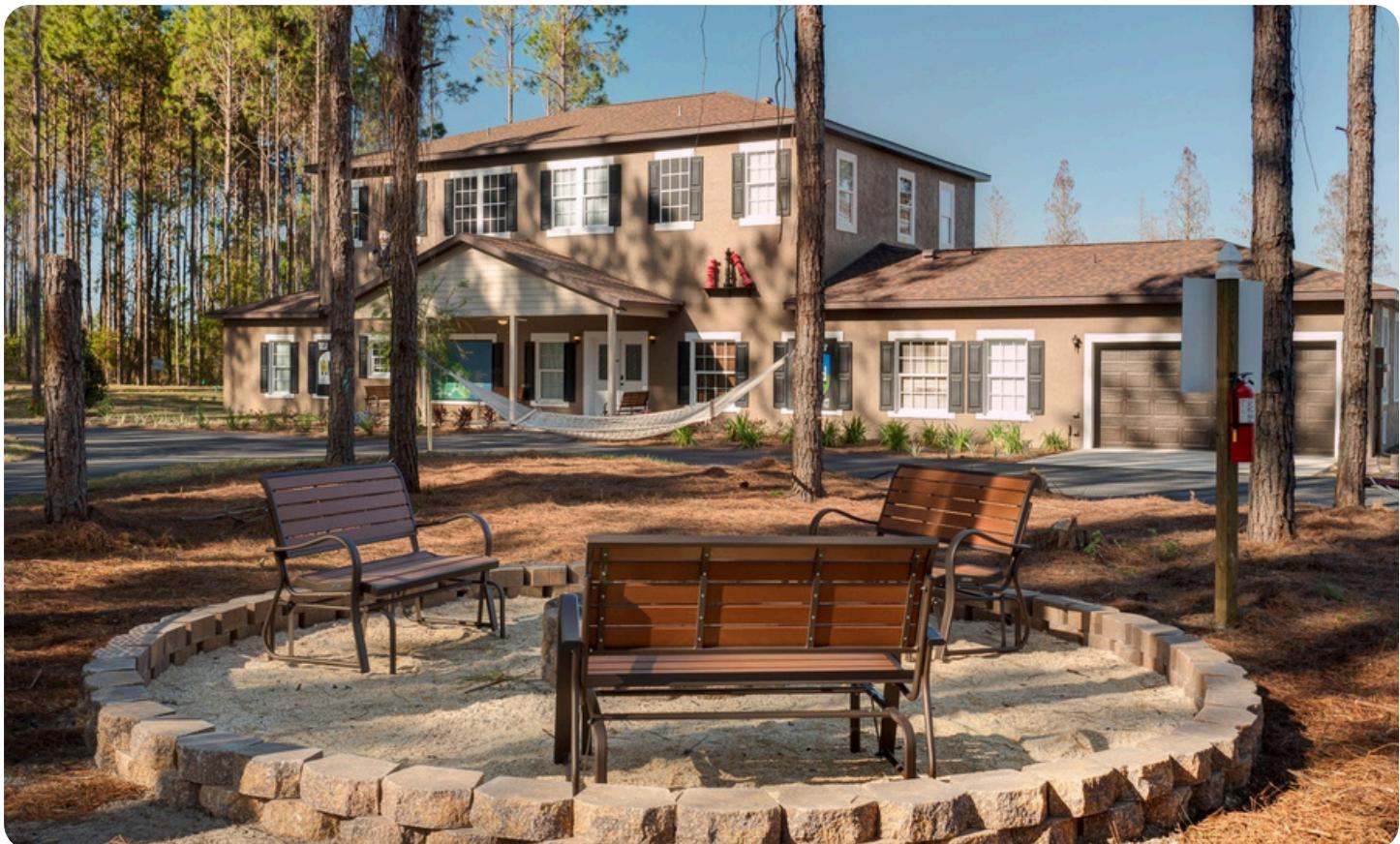


Plus! Tons of **snacks & mocktails** to keep you full of energy and hydrated all weekend!



## STAYING AT GREAT ESCAPE

30 guests get to stay at the house in  
outrageous game-themed rooms!



### Why Stay On-Site?

- Community living deepens friendships with other guests!
- Early check-in and 24-hour access to all the fun and games!
- Simply walk or crawl to your bed after a long day
- Breakfast spread of fruit, pastries, scrambled eggs, bagels, etc
- Sleep in a wild and crazy room unlike any other!
- [Check out the floorplan](#) for full details of The Great Escape house!

# GREAT ESCAPE ROOMS

\*\$95 per additional person,  
6 rollaway beds available



## Carnival Room

King Bed | Private Bathroom  
\$700 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)



## Casino Room

Round King Bed | Private Bathroom  
\$700 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)



## Laser Games Room

King Bed | Private Bathroom  
\$650 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)



## Mind Games Room

King Bed | Private Bathroom  
\$650 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)



## Pac-Man Room

Round Queen Bed | Private Bathroom  
\$600 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)



## War Games Room

Two Twins | Private Bathroom  
\$550 for 2 nights & 2 people (max. 4\*)

[Click for More Info](#)

# GREAT ESCAPE ROOMS

\*\$95 per additional person,  
6 rollaway beds available



## Pictionary Room

Two Triple Bunkbeds | Private Bathroom  
\$150/bed for 2 nights

[Click for More Info](#)



## Operation Room

Two Triple Bunkbeds | Private Bathroom  
\$150/bed for 2 nights

[Click for More Info](#)



## Dungeons & Dragons Room

Two Twin Beds | Shared Bathroom\*\*  
\$250 for 2 nights & 2 people

[Click for More Info](#)

\*\*The Dungeons & Dragons Room is actually located under the stairs and is the only room in the house without an attached bathroom. (Or windows... It's a dungeon!) There's a half bathroom just across the hall and you can shower in one of the host bathrooms.

## STAYING NEARBY

**Discounted rooms only 20 minutes  
from Great Escape!**



### **Holiday Inn Express Clermont**

\$125+tax per night

*Discounted booking link provided  
upon ticket purchase.*

[Click for More Info](#)



### **Fairfield Inn and Suites Clermont**

\$129+tax per night

*Discounted booking link provided  
upon ticket purchase.*

[Click for More Info](#)

### **Need More Options?**

Clermont is a popular tourist area with tons of hotels, cabins, and campsites within a 15-20 minute drive of Great Escape Lakeside!

## TICKETS ON SALE NOW!

*Only 100 tickets available. Claim your spot today!*



*(meals included)*

May 1-3, 2026  
**Relationship Recess**  
Clermont, Florida

[Purchase Here](#)

### Refund Policy

100% - January 1

50% - February 1

25% - March 1

10% - April 1

No Refunds after April 1

*Refund excludes processing fees*

## **Do I need to be in a relationship to come to Relationship Recess?**

Nope! Relationship Recess is for anyone who wants to embrace the power of play! And, even when we're not in relationships with others, we're still in a relationship with ourselves!

## **Do I need to be non-monogamous to join Relationship Recess?**

Nope! In fact, not even all of our hosts are non-monogamous. Relationship Recess is for people in all types of relationship dynamics, including single and solo folks.

## **What kinds of touch and play are allowed at Relationship Recess?**

There are many different ways to play and our focus at Relationship Recess is on non-sexual touch and play. Platonic touch such as hugs and cuddling are welcome but public sexual touch and activities are not allowed.

## **Are drugs and alcohol allowed?**

Nope. We invite you to embrace the experience and magic of authentic connection and play at Relationship Recess while remaining sober. Alcohol and mind-altering substances are not permitted and will not be provided.

## **Is Relationship Recess clothing optional?**

Nope. We ask that you keep your clothes and swimsuits on throughout the weekend.

## **Can I bring my kids?**

Absolutely! As long as they're over the age of 18.

## **How do I get to Great Escape Lakeside?**

Great Escape Lakeside is in the city of Clermont which is about a 40-minute drive from the Orlando Airport (MCO). There are multiple ways to get from the airport to Clermont ranging from a few dollars for a bus to ~\$100 for a taxi or rideshare. [Rome2Rio](#) is a great resource for finding your way to anywhere you want to go!

## **Can you accommodate special dietary needs?**

Absolutely! When you buy your ticket there's an opportunity to share any special dietary needs with us. We can work with our food vendors or find alternatives to accommodate most dietary needs. If you have specific questions, please send us an email.

## **What if I get overstimulated?**

Head over to the "Take it Easy Tent" where you can enjoy a puzzle, chill board game, or color. You can also take a canoe out on the lake, go for a stroll in the woods next to the house, lay in a hammock, or kick back with a movie in the movie theatre!

# FAQ CONTINUED

## **If I stay on-site, can I lock my room from the outside like at a hotel?**

The bedroom doors lock from the inside but not from the outside. We've taken some extra precautions for your comfort outlined below. *If you are someone who needs the security of a door that you can lock from the outside, you may be more comfortable staying off-site.*

- The house has a keypad lock that will only be accessible to overnight guests.
- There will be a volunteer or host in the house at all times throughout the weekend.
- On-site guests will have a unique color-coded wristband.
- Each bedroom will have a photo(s) of the guest(s) staying in the room taped to the door.
- There will be a few security cameras monitoring the two main common areas of the home: The upstairs arcade and the downstairs living space/kitchen.

## **Are there quiet hours for folks staying on-site?**

Yep! Quiet hours are from Midnight to 9am. However, the house will still likely not be as quiet as a private hotel room. If you are a sensitive sleeper you may want to bring earplugs or stay off-site.

## **Is Relationship Recess ADA friendly/accessible?**

Most of the organized activities, games, etc are taking place on the first floor of the house or outside and all of the meals will be served outside under a tent.

We have taken steps to make the event and venue more inclusive and accessible and we know we have likely missed some things...

We invite you to reach out to us with specific questions, needs, and concerns. We would love to work with you to see what accommodations are possible to make Relationship Recess more accessible and enjoyable for you.

## **Are pets allowed?**

Service animals are welcome at Relationship Recess but we ask that you leave your pets and support animals at home.

## **Are payment plans available?**

Payment plans are available if paying for your ticket all at once would be a hardship. We do not charge interest or extra for needing a payment plan. More information will be available when tickets go on sale. Please reach out to us if you have any questions before then.